



“The Living Cascade”  
Focusing on the Care in the Care Continuum

Improving Viral Load Suppression  
in Our Communities

# Agenda

- The Living Cascade Hypothesis
- The Living Cascade Exercise Part 1: Cascade Creation
- The Living Cascade Exercise Part 2: Cascades Spring to Life



# Learning Objectives

- Understand the human interactions along the care continuum
- Develop ideas for improving these human interactions to improve rates of viral load suppression

# The Living Cascade Hypothesis

- If you improve the steps along the continuum, there will be an increased chance that patients will sustain viral load suppression.
- Each process step along the continuum involves a human interaction. All of the steps together are a journey the consumer takes. Working together, we can improve the consumer journey and help the consumer to arrive at sustained suppression.
- Focusing on improving processes for the smaller group of unsuppressed patients will help patients to become suppressed
- These activities will increase the clinic's overall viral load suppression rates and regional viral load suppression rates.

# The Living Cascade

## Part One: Cascade Creation (60 minutes)



# Cascade Captains and Artists

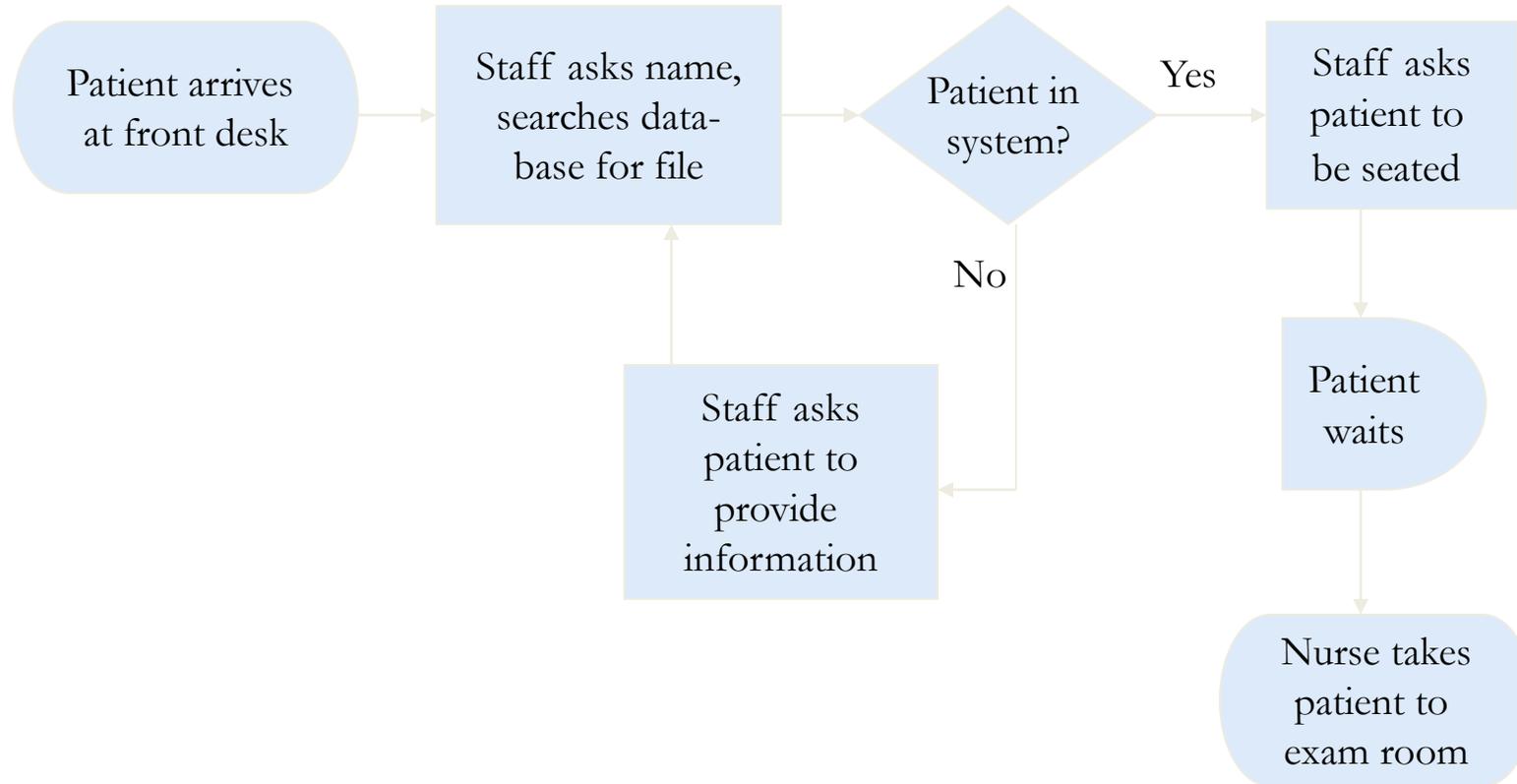


- Each team selects a **Cascade Captain** who will assist the group in navigating the discussion of the consumer's cascade journey and will report back to the larger group on the journey and aspects to consider for improvement
- Each team will designate an **Cascade Artist** to draw a process flow map for each step in the cascade.

# Instructions

- Using the Living Cascade Talking Points, teams review the current process steps for linkage, retention, and viral load suppression. The team artist draws a process flow map for each of these areas.
- Each team identifies ways that these processes can be improved, streamlined or strengthened by eliminating unnecessary steps, adding steps or improving steps.
- Team artist draws the new process steps using a different color for the team's suggested improvements in each area of the cascade.
- The team puts the improved processes together into a single process flow that begins with linkage and culminates with suppression.

# Flow Chart: Is This an Efficient Process?



# Part Two: The “Cascades” Spring to Life!!! (30 minutes)



# The Play is the Thing



- Each team will present the step by step process of their care continuum, pointing out where steps have been eliminated, added or improved. Teams also have the option of acting out the process change in a one act play.
- The “Cascade Committee” will announce winners of Niagara Awards for the following categories:
  - Best Picture (of Cascade Flow)
  - Most original cascade process improvements to support VLS
  - Best proposed collaboration between all service providers
  - Best acting



# Best Picture (of Cascade Flow)



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# Most original cascade process improvements to support VLS



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# Best proposed collaboration between all service providers



# Best Acting



# Next Steps

- Develop your own clinic level cascade process flow
- Identify areas for improvement
- Work on improving care in the care continuum



# References

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